





January 2021

“These so-called bleak times are necessary to go through in order to get to a much, much better place.”
David Lynch



In this year's calendar we continue our inclusion theme but cannot disregard the immense impact the coronavirus has had right across the entire World. Coronavirus does not discriminate; anyone can get the virus. During this challenging time, people are coming together and are supporting one another. We are showing that, even in some of the most difficult and tough times, we can all choose to be kind. Helping each other has been shown to be good for our own mental health, helping to reduce stress and improving overall wellbeing.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1					1	2	3
Week 2	4	5	6 [○]	7	8	9	10
Week 3	11	12	13 [●]	14	15	16	17
Week 4	18	19	20 [○]	21	22	23	24
Week 5	25	26	27	28 [○]	29	30	31

January is Cervical Health Awareness Month | Celebration of Life Month |
Alcohol Concern Dry January | Thyroid Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st **Mary, Mother of God** – Catholic Christian
- Gantan-sai (New Year)** – Shinto
- Bank Holiday** – England, Wales, Scotland, Northern Ireland and ROI
- New Year's Day/Hogmanay**
- Global Family Day**
- 4th **World Braille Day**
- Bank Holiday** – Scotland
- 5th **Twelfth Night** – Christian
- 6th **Epiphany** – Christian
- Feast of the Theophany** – Orthodox Christian
- 7th **Feast of the Nativity** – Orthodox Christian
- 10th **Baptism of the Lord Jesus** – Christian
- 11th **Seijin no hi (Coming of Age Day)** – Shinto
- 13th **Lohri/Maghi** – Hindu, Sikh
- 14th **New Year** – Orthodox Christian
- Makar Sankranti** – Hindu
- Pongal** – Hindu
- 17th **World Religion Day** – Baha'i
- 18th **Martin Luther King Jr. Day**
- 18–25 Week of Prayer for Christian Unity** – Christian
- 19th **Timkat** – Ethiopian Orthodox Christian
- 20th **Birthday of Guru Gobind Singh** – Sikh
- 25th **Robert Burns Night (Burns Night)**
- Conversion of Saint Paul** – Christian
- 27th **Holocaust Memorial Day**
- 28th **Data Privacy Day**
- Thaipusam** – Hindu
- Tu BiShvat** – Judaism
- 28–30 Mahayana New Year** – Buddhist
- 31st **Birthday of Guru Har Rai** – Sikh

All Jewish holidays begin at sundown on the evening before.



February

2021



“Covid-19 offers us a great opportunity for individual and collective recession. It is a time to go back to the drawing board and rewrite the next phase of our existence. The upcoming generation has to read about how we fought this pandemic with or without vaccines in order to overcome similar situations during their times.” *Olawale Danie*

Random Act of Kindness

Call a friend that you haven't spoken to for a while.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 6	1	2	3	4 [○]	5	6	7
Week 7	8	9	10	11 [●]	12	13	14
Week 8	15	16	17	18	19 [○]	20	21
Week 9	22	23	24	25	26	27 [○]	28

February is UK National Heart Month | Lesbian Gay Bisexual Trans History Month |
Raynaud's and Scleroderma Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st **World Hijab Day**
- 1–7 **World Interfaith Harmony Week**
- Imbolc – Lughnassadh – Wicca/Pagan**
Northern and Southern hemispheres
- 2nd **Candlemas (Presentation of Christ in the Temple) – Christian**
- 3rd **Setsubun-sai – Shinto**
- 4th **World Cancer Day**
- 9th **Safer Internet Day**
- 11th **International Day of Women and Girls in Science**
- World Day of the Sick**
- 12th **Red Hand Day for Child Soldiers**
- Chinese New Year – Confucian, Daoist, Buddhist**
- 14th **Saint Valentine's Day**
- Zacchaeus Sunday – Orthodox Christian**
- Autism Sunday**
- 15th **International Childhood Cancer Day**
- Parinirvana Day/Nirvana Day – Buddhist**
- 16th **Shrove Tuesday – Christian**
- Vasant Panchami – Hindu**
- 17th **Ash Wednesday – Christian**
- World Human Spirit Day**
- 20th **World Day of Social Justice**
- 21st **Triodion begins – Orthodox Christian**
- 22nd **The Chair of Saint Peter – Catholic Christian**
- 25th **Intercalary Days begin – Baha'i**
- 26th **Purim – Judaism**
- International STAND UP to Bullying Day**
- 27th **Magha Puja (Sangha Day) – Buddhist**
- 28th **Intercalary Days (end) – Baha'i**

All Jewish holidays begin at sundown on the evening before.



March

2021

“It took a pandemic to make me realise that I do have a family; that I do have friends; that I do have a heart and that I do have faith.”

Anthony T. Hincks



Random Act of Kindness

Tell your family members how much you love and appreciate them.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 10	1	2	3	4	5	6 ^o	7
Week 11	8	9	10	11	12	13 [●]	14
Week 12	15	16	17	18	19	20	21 ^o
Week 13	22	23	24	25	26	27	28 ^o
Week 14	29	30	31				

March is Prostate Cancer Awareness Month | Ovarian Cancer Awareness Month | UK Marie Curie Cancer Care Great Daffodil Appeal Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st Zero Discrimination Day
Saint David's Day – *Christian*
Self Injury Awareness Day (SIAD)
International Wheelchair Day
Nineteen Day Fast begins – *Baha'i*
- 3rd World Hearing Day
- 7th Meatfare Sunday – *Orthodox Christian*
- 8th International Women's Day
- 11th Lailat al Miraj – *Islam*
Maha Shivaratri – *Hindu*
- 14th Nanakshahi (New Year) – *Sikh*
Cheese fare Sunday – *Orthodox Christian*
Mothering Sunday
- 15th Great Lent begins – Clean Monday
– *Orthodox Christian*
- 17th Saint Patrick's Day – *Christian*
Bank Holiday – *Northern Ireland and ROI*
- 18th Global Recycling Day
- 19th Saint Joseph's Day – *Christian*
- 20th Spring Equinox
Naw-Rúz (New Year) – *Baha'i*
Ostara – Mabon – *Wicca/Pagan*
Northern and Southern hemispheres
- 21st Sunday of Orthodoxy – *Orthodox Christian*
International Day of the Elimination of Racial Discrimination
World Down Syndrome Day
- 22nd World Water Day
- 24th World TB Day
- 25th Annunciation to the Theotokos
– *Orthodox Christian*
The Annunciation of the Virgin Mary
– *Christian*
- 26th Khordad Sal (Birth of Prophet Zarathushtra) – *Zoroastrian*
- 28th Palm Sunday – *Christian*
Passover – *Judaism*
Holika Dahan – *Hindu*
Lailat al Bara'ah – *Islam*
British Summer Time begins
- 29th Holi – *Hindu*
Hola Mohalla – *Sikh*
- 30th World Bipolar Day
- 31st International Transgender Day of Visibility

All Jewish holidays begin at sundown on the evening before.



April 2021

“The CEO is of no more importance than somebody cleaning the floors or that takes a bucket and mops the floors. I think that this is a time as a reset where we really have to re-evaluate how we treat workers, how people are paid, how can we get them into a role where they receive an equity as part of their compensation... they have something that appreciates. All these things I think are important as we go through this reset in business.” Mark Cuban – Entrepreneur and owner of Dallas Mavericks



Random Act of Kindness

Leave an online review for your favourite lunch spot or restaurant, telling everyone how great they are.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 14				1	2	3	4
Week 15	5	6	7	8	9	10	11
Week 16	12	13	14	15	16	17	18
Week 17	19	20	21	22	23	24	25
Week 18	26	27	28	29	30		

April is Autism Awareness Month | Stress Awareness Month |
Bowel Cancer Awareness Month | Parkinson's Awareness Month

Last Quarter New Moon First Quarter Full Moon

Special Days

- 1st April Fool's Day
Maundy Thursday – Christian
- 2nd World Autism Awareness Day
Good Friday – Christian
Bank Holiday – England, Wales, Scotland and Northern Ireland
- 4th Easter Sunday – Christian
- 5th Easter Monday – Christian
Bank Holiday – England, Wales, Northern Ireland and ROI
- 7th World Health Day
- 8th International Romani Day
Yom HaShoah (Holocaust Remembrance Day) – Judaism
- 13th Ramadan begins – Islam
Ugadi/Telugu New Year – Hindu
Songkran (Thai New Year) – Buddhist
Ramayana begins – Hindu
- 14th Tamil New Year
Birth of the Khalsa (Vaisakhi) – Sikh
Yom HaZikaron (Israeli Memorial Day) – Judaism
- 15th Yom Ha'Atzmaut (Israeli Independence Day) – Judaism
- 18th Birthday of Guru Tegh Bahadur – Sikh
Birthday of Guru Angad Dev – Sikh
- 20th First Day of Ridvan – Baha'i
- 21st Rama Navami – Hindu
- 22nd Earth Day
- 23rd Saint George's Day – Christian
- 24th Lazarus Saturday – Orthodox Christian
- 25th Palm Sunday – Orthodox Christian
World Malaria Day
Feast of Saint Mark the Evangelist – Christian
Mahavir Jayanti – Jain
- 27th Hanuman Jayanti – Hindu
Theravada New Year – Buddhist
- 28th World Day for Health & Safety at Work
Ninth Day of Ridvan – Baha'i
- 30th Holy Friday – Orthodox Christian
Saint James the Great's Day – Orthodox Christian
Lag BaOmer – Judaism

All Jewish holidays begin at sundown on the evening before.



May 2021

“We have a chance to do something extraordinary. As we head out of this pandemic we can change the world. Create a world of love. A world where we are kind to each other. A world where we are kind no matter what class, race, sexual orientation, what religion or lack of or what job we have...Let love and kindness be our roadmap.” Johnny Corn



Random Act of Kindness

Donate to your local foodbank or to a charity that is close to your heart.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 18						1	2
Week 19	3	4	5	6	7	8	9
Week 20	10	11	12	13	14	15	16
Week 21	17	18	19	20	21	22	23
Week 22	24	25	26	27	28	29	30
Week 23	31						

May is Action on Stroke Month | Mental Health Awareness Month | Hepatitis Awareness Month | UK National Walking Month | Celiac Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st Beltane – Samhain – Wicca/Pagan Northern and Southern hemispheres
Twelfth Day of Ridvan – Baha’i
- 2nd Birthday of Guru Arjan Dev – Sikh
Pascha (Easter) – Orthodox Christian
- 3rd Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI
Feast of Saints Philip and James – Catholic Christian
World Press Freedom Day
- 4th International Firefighters Day
- 8th World Red Cross and Red Crescent Day
- 9th Lailat al-Qadr – Islam
- 10th Yom Yerushalayim (Jerusalem Day) – Judaism
- 12th International Nurses Day
- 13th Ascension Day – Christian
Eid al Fitr – Islam
- 14th Akshaya Tritiya – Hindu, Jain
Feast of Saint Matthias – Catholic Christian
- 15th International Day of Families
- 17th Shavuot – Judaism
International Day Against Homophobia, Transphobia and Biphobia
- 20th Global Accessibility Awareness Day
- 21st World Day for Cultural Diversity for Dialogue and Development
- 22nd International Day for Biological Diversity
- 23rd Pentecost – Christian
Birthday of Guru Amar Das – Sikh
Declaration of the Báb – Baha’i
- 26th Vesak – Buddhist
- 28th Ascension of Baha’u’llah – Baha’i
- 29th International Day of United Nations Peacekeepers
- 30th Trinity Sunday – Christian
- 31st Visitation of the Blessed Virgin Mary – Catholic Christian
Bank Holiday – England, Wales, Scotland and Northern Ireland
World No Tobacco Day

All Jewish holidays begin at sundown on the evening before.



June 2021

“Only now do we value every breath that escapes our lips. Perhaps now we will learn to be grateful.”
Saim A. Cheeda



Random Act of Kindness

Hold open the doors for people.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 23		1	2	3	4	5	6
Week 24	7	8	9	10	11	12	13
Week 25	14	15	16	17	18	19	20
Week 26	21	22	23	24	25	26	27
Week 27	28	29	30				

June is Motor Neurone Disease Awareness Month | Stillbirth & Neonatal Death Awareness Month | LGBTQ Pride Month | Men's Health Awareness Month | Gypsy, Roma and Traveller History Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st Global Day of Parents
- 3rd Corpus Christi – Catholic Christian
- 4th International Day of Innocent Children Victims of Aggression
- 5th World Environment Day
- 7th Bank Holiday – ROI
- 10th Ascension of the Lord – Orthodox Christian
- 11th Sacred Heart of Jesus – Catholic Christian
- 12th World Day against Child Labour
Global Wellness Day
- 14th World Blood Donor Day
- 15th World Elder Abuse Awareness Day
- 16th Martyrdom of Guru Arjan Dev – Sikh
- 17th World Day to Combat Desertification and Drought
- 18th Autistic Pride Day
- 20th Pentecost – Orthodox Christian
World Refugee Day
Father's Day
- 21st Summer Solstice
Litha – Yule – Wicca/Pagan Northern and Southern hemispheres
World Humanist Day
- 22nd UK Windrush Day
- 24th Nativity of Saint John the Baptist – Christian
- 26th International Day Against Drug Abuse and Illicit Trafficking
- 29th Feast of Saints Peter and Paul – Christian

All Jewish holidays begin at sundown on the evening before.



July 2021

“One virus has put all mankind of our planet to a survival test challenging the ability, intelligence and knowledge of humans.”
Syed Badiuzzaman



Random Act
of Kindness

Thank a Teacher with
a gift.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 27				1 [○]	2	3	4
Week 28	5	6	7	8	9	10 [●]	11
Week 29	12	13	14	15	16	17 [○]	18
Week 30	19	20	21	22	23	24 [○]	25
Week 31	26	27	28	29	30	31 [○]	

July is UV Safety Month | Make a Difference to Children Month |
International Women with Alopecia Month | Group B Strep Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 3rd Saint Thomas the Apostle – *Christian*
- 4th US Independence Day
- 5th Birthday of Guru Hargobind – *Sikh*
- 9th Martyrdom of the Báb – *Baha'i*
- 11th World Population Day
- 12th Orangemen's Day
Bank Holiday – *Northern Ireland*
- 15th Saint Vladimir the Great Day
– *Orthodox Christian*
World Youth Skills Day
- 17th World Day for International Justice
- 18th Nelson Mandela International Day
Tish'a B'av – *Judaism*
- 19th Waqf al Arafa – *Islam*
- 20th Eid al Adha – *Islam*
- 22nd Feast Day of Saint Mary Magdalene
– *Christian*
- 23rd Birthday of Guru Har Krishan – *Sikh*
Birthday of Emperor Haile Selassie
– *Rastafari*
- 24th Pioneer Day – *Mormon Christian*
Asalha Puja (Dharma Day) – *Buddhist*
- 25th Saint James the Great Day – *Christian*
- 28th World Hepatitis Day
- 30th World Day against Trafficking Persons
International Day of Friendship

*All Jewish holidays begin at sundown
on the evening before.*



August 2021

“Struggling for the right words to say. Feeling a bit helpless and anxious. I am used to being team mates with people from all over the world, something I love most about cycling. It has occurred to me that every person in the world right now is my team mate, because every single person can make a difference in this flight. We are all in this together.”
Lizzie Deignan, Former World Road Racing Champion



Random Act of Kindness

Give a stranger a compliment.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 31							1
Week 32	2	3	4	5	6	7	8
Week 33	9	10	11	12	13	14	15
Week 34	16	17	18	19	20	21	22
Week 35	23	24	25	26	27	28	29
Week 36	30	31					

August is Health & Safety Month | Psoriasis Awareness Month | US Black Business Month | Children's Eye Health & Safety Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st **Lammas – Christian**
Fast in honour of Holy Mother of Lord Jesus – Orthodox Christian
Lughnasadh – Imbolc – Wicca/Pagan Northern and Southern hemispheres
- 2nd **Summer Bank Holiday – Scotland and ROI**
- 6th **Transfiguration of the Lord – Orthodox Christian**
Feast of Transfiguration of Our Lord – Christian
- 9th **International Day of the World's Indigenous Peoples**
- 10th **Al-Hijra/Muharram – New Year – Islam**
Feast of Saint Lawrence – Christian
- 12th **International Youth Day**
- 15th **Assumption of Blessed Virgin Mary – Catholic Christian**
Dormition of the Theotokos – Orthodox Christian
- 19th **World Humanitarian Day**
Ashura – Islam
- 22nd **Queenship of Mary – Catholic Christian**
Raksha Bandhan – Hindu
- 23rd **International Day for the Remembrance of the Slave Trade and its Abolition**
- 24th **Feast of Saint Bartholomew the Apostle – Christian**
- 29th **Beheading of Saint John the Baptist – Christian**
- 30th **Summer Bank Holiday – England, Wales and Northern Ireland**
Krishna Janmashtami – Hindu

All Jewish holidays begin at sundown on the evening before.



Yom Kippur • 16 September

September 2021

“We are all navigating this new normal together. As we lock arms virtually and try to help one another in the ways we can, our vast world suddenly feels a little smaller and a lot more connected. And for that, we are grateful.” Michael Dell, CEO of Dell



Random Act of Kindness

Check in with your colleagues and ask how they are feeling with the change in working routine.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 36			1	2	3	4	5
Week 37	6	7	8	9	10	11	12
Week 38	13	14	15	16	17	18	19
Week 39	20	21	22	23	24	25	26
Week 40	27	28	29	30			

September is Sickle Cell Awareness Month | Childhood Cancer Awareness Month | International Blood Cancer Awareness Month | World Alzheimer's Month | World Dementia Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 4th Paryushana Parvarambha begins – Jain
- 5th International Day of Charity
- 7th Rosh Hashanah – Judaism
- 8th Nativity of Virgin Mary – Christian
- Nativity of the Theotokos – Orthodox Christian
- International Literacy Day
- 10th Ganesh Chaturthi – Hindu
- World Suicide Prevention Day
- 11th Samvatsari – Jain
- 14th Triumph of the Cross – Christian
- 15th International Day of Democracy
- 16th Yom Kippur – Judaism
- 19th Anant Chaturdashi – Hindu
- 21st Sukkot – Judaism
- Feast of Saint Matthew – Christian
- International Day of Peace
- World Alzheimer's Day
- 22nd Autumn Equinox
- Mabon – Ostara – Wicca/Pagan Northern and Southern hemispheres
- 23rd Bi Visibility Day
- International Day of Sign Languages
- 26th World Deaf Day
- 28th Shemini Atzeret – Judaism
- International Right to Know Day
- 29th Michaelmas – Saint Michael and All Angels – Christian
- Simchat Torah – Judaism
- World Heart Day

All Jewish holidays begin at sundown on the evening before.



October 2021

“We should take comfort that while we may have more still to endure, better days will return: we will be with our friends again; we will be with our families again; we will meet again.”
HRH, Queen Elizabeth



Random Act of Kindness

Reach out to spend time with a friend, family member or neighbour who is experiencing loneliness.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 40					1	2	3
Week 41	4	5	6	7	8	9	10
Week 42	11	12	13	14	15	16	17
Week 43	18	19	20	21	22	23	24
Week 44	25	26	27	28	29	30	31

October is Breast Cancer Awareness Month | Down Syndrome Awareness Month | Black History Month (UK) | Lupus Awareness Month | Global Diversity Awareness Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

Special Days

- 1st International Day of Older Persons
- 2nd International Day of Non-Violence
Feast of the Guardian Angels
– Christian
- 4th Saint Francis’ Day – Christian
Blessing of the Animals – Christian
- 6th Navaratri begins – Hindu
World Cerebral Palsy Day
- 9th Birthday of Guru Ram Das – Sikh
- 10th World Mental Health Day
- 11th International Day of the Girl Child
- 14th World Sight Day
- 15th International Day of Rural Women
Dussehra – Dasara – Hindu
Global Handwashing Day
- 16th World Food Day
- 17th International Day for the Eradication of Poverty
- 18th Feast of Saint Luke – Christian
- 19th Mawlid al-Nabi – Islam
- 24th United Nations Day
- 25th Bank Holiday – ROI
- 26th Intersex Awareness Day
- 28th Feast of Saints Simon and Jude
– Christian
- 29th World Stroke Day
- 31st All Hallows’ Eve – Christian
Samhain (Halloween) – Beltane
– Wicca/Pagan Northern and Southern hemispheres
Reformation Day – Protestant Christian
British Summer Time ends

All Jewish holidays begin at sundown on the evening before.



November 2021

"It is only in our darkest hours that we may discover the true strength of the brilliant light within ourselves that can never, ever, be dimmed."
Doe Zantamata



Random Act of Kindness

Leave a bouquet of flowers at the hospital, the nurses will know who needs it the most.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 45	1	2	3	4	5	6	7
Week 46	8	9	10	11	12	13	14
Week 47	15	16	17	18	19	20	21
Week 48	22	23	24	25	26	27	28
Week 49	29	30					

November is Lung Cancer Awareness Month | Pancreatic Cancer Awareness Month | Mouth Cancer Action Month | COPD Awareness Month | Movember Men's Health Awareness Month

Last Quarter New Moon First Quarter Full Moon

Special Days

- 1st All Saints' Day – Christian
- 2nd All Souls' Day – Christian
Coronation of Emperor Haile Selassie I – Rastafari
- 4th Diwali – Deepavali – Hindu, Sikh, Jain
Bandi Chhor Divas – Sikh
- 6th Birth of the Báb – Baha'i
- 7th Birth of Baha'u'llah – Baha'i
- 8th Intersex Day of Solidarity
- 9th Dedication of the Lateran Basilica – Catholic Christian
- 11th Armistice Day – Interfaith
- 13th World Kindness Day
- 14th Remembrance Sunday
14–21 UK Interfaith Week
World Diabetes Day
- 15th Nativity Fast begins – Orthodox Christian
- 17th International Students' Day
- 19th International Men's Day
Birthday of Guru Nanak Dev – Sikh
- 20th Universal Children's Day
Transgender Day of Remembrance
- 21st Presentation of the Theotokos – Orthodox Christian
Feast of Christ the King – Christian
- 24th Martyrdom of Guru Tegh Bahadur – Sikh
- 25th International Day for the Elimination of Violence against Women
Day of the Covenant – Baha'i
Thanksgiving – USA
- 27th Ascension of Abdu'l-Bahá – Baha'i
- 28th Advent Sunday – Christian
- 29th Chanukah – Judaism
- 30th Saint Andrew's Day – Christian
Bank Holiday – Scotland

All Jewish holidays begin at sundown on the evening before.



standuptoracism.org.uk @antiracismday Student Stand Up To Racism

STUDENT STAND UP TO RACISM

Refugees welcome | Say no to Islamophobia | Defend EU and international students | Stand against antisemitism

Refugees Welcome | Fight against Islamophobia | Defend civil liberties | Oppose Prevent

NO TO RACISM | Refugees and migrants welcome | Stamp out Islamophobia

STOP RACIST ATTACKS | UNITE & FIGHT

REFUGEES WELCOME | Open the borders | No deportations

Hands off EU workers & students | Let them stay

Students Student Society

REVOLUTION

News Socialist Worker Student Society

December 2021

“Pandemics are an especially demanding test... because we are not just trying to protect people we know, but also people we do not know or even, possibly, care about”. Nicholas Christakis, Yale University



Random Act of Kindness

Offer to help wrap presents for elderly neighbours, friends or family.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 49			1	2	3	4 [●]	5
Week 50	6	7	8	9	10	11 [○]	12
Week 51	13	14	15	16	17	18	19 [○]
Week 52	20	21	22	23	24	25	26
Week 53	27 [○]	28	29	30	31		

Special Days

- 1st World AIDS Day
- 2nd International Day for the Abolition of Slavery
- 3rd International Day of Persons with Disabilities
- 8th Feast of the Immaculate Conception – Christian
- Rohatsu (Bodhi Day) – Buddhist
- 9th International Anti-Corruption Day
- 10th Human Rights Day
- 18th International Migrants Day
- 20th International Human Solidarity Day
- 21st Winter Solstice
Yule – Litha – Wicca/Pagan Northern and Southern hemispheres
- 24th Christmas Eve – Christian
- 25th Christmas Day – Christian
Feast of the Nativity – Orthodox Christian
- 26th Saint Stephen’s Day – Christian
Boxing Day
Feast of the Holy Family – Catholic Christian
- Zarathosht Diso (Death of Prophet Zarathushtra) – Zoroastrian
- 27th Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI
- 28th Bank Holiday – England, Wales, Scotland, Northern Ireland and ROI
Holy Innocents – Christian
- 31st New Year’s Eve/Hogmanay
Watch Night – Christian

December is Universal Month for Human Rights | AIDS Awareness Month | Decembeard | Spiritual Literacy Month

○ Last Quarter ● New Moon ○ First Quarter ○ Full Moon

All Jewish holidays begin at sundown on the evening before.

Inclusion Partners 2021





Holocaust Memorial Day • 27 January

Holocaust Memorial Day (HMD) is the international day to remember the six million Jews murdered during the Holocaust, the millions of people murdered under Nazi persecution, and in the genocides which followed in Cambodia, Rwanda, Bosnia and Darfur. It marks the anniversary of the liberation of Auschwitz-Birkenau, the largest Nazi death camp. Each year, Durham University's Jewish community hosts educational talks and other events to commemorate HMD. We also light the Durham Castle purple to mark this important day and to show our solidarity.



Lunar New Year • 12 February

Lunar New Year (also known as the Spring Festival) is celebrated across Asia, including in China, Vietnam, Korea and Laos, among other countries. During the two-week festival, people travel to see their family and friends, give gifts, and eat a new year meal. Durham University's Oriental Museum hosts various activities to mark the Lunar New Year, ranging from dragon dancing and calligraphy to storytelling.



International Women's Day • 08 March

International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender equality. Within Durham we have an incredible history of women making a difference to the University community as well as the wider, international community. Each year, the Equality, Diversity and Inclusion Unit celebrate the achievements of current staff and students as nominated by their peers through the *Durham Women Making a Difference* initiative.



Easter Sunday • 04 April

Easter Sunday is the culmination of Holy Week. It commemorates the resurrection of Jesus Christ on the third day after his Crucifixion; it is the most important Christian festival. Easter, as with Christmas, has accumulated a great many traditions from different parts of the world. At Durham, our Christian community celebrates Easter Sunday with special church services and various festivities such as the *Annual Easter Chick Hunt* at the Botanic Garden.



Mental Health Awareness Month • May

Mental Health Awareness Month began in the United States in 1949 and was introduced by the organisation Mental Health America. It aims to raise awareness and educate the public about: mental illnesses; the realities of living with these conditions; and strategies for attaining mental health and wellness. In the UK, Mental Health Awareness Week will be held from 10 to 16 May 2021. At Durham, our Counselling Service provides support to both students and staff in identifying and managing difficulties that are impacting their studies or working life. Support is available throughout the year.



LGBTQ Pride Month • June

June is the month dedicated to celebrating the LGBTQ communities all around the world; it is about the rights, achievements, acceptance and pride of their members. At Durham, Pride has grown; and it now includes the parade which sees the local and University communities coming together every year to celebrate diversity.



Disability Awareness Day • 18 July

In the UK, Disability Awareness Day was founded by Dave Thompson MBE DL in 1992 and is hosted by Warrington Disability Partnership. It is a pan disability event which promotes a 'can do' culture focusing on what people with disabilities can do throughout life and work. At Durham University, we are committed to accessibility and we aim to provide an environment that is welcoming for all. In addition to the support we provide to staff and students with disabilities, we promote accessibility through our visitor attractions. At the Oriental Museum, for instance, we organise touch tours for visitors with visual impairment, as depicted in the featured image.



Day of Ashura • 19 August

The Day of Ashura falls on the 10th of Muharram, the first month of the Islamic lunar calendar. Muslims mark the Day of Ashura with a voluntary day of fasting which commemorates the day Noah left the Ark, and the day that Moses was saved from the Egyptians by God. For Shia Muslims, Ashura is also a solemn day of mourning the martyrdom at Karbala of Hussein, a grandson of the Prophet Muhammad. Durham University has a growing Islamic community, with two dedicated Islamic Prayer Rooms located on Old Elvet and on the edge of Grey College. These rooms are used throughout the year, for Friday prayers as well as festivals and celebrations.



Yom Kippur • 16 September

Also known as Day of Atonement, Yom Kippur is the most solemn of Jewish religious holidays, observed on the 10th day of the lunar month of Tishri, when Jews seek to expiate their sins and achieve reconciliation with God. It marks the culmination of the 10 days of repentance that begin with Rosh Hashana. For nearly 26 hours, Jews abstain from food and drink and spend the day in synagogue, praying for forgiveness.



Black History Month • October

Held every October in Britain, Black History Month (BHM) was first introduced in London in 1987 through the Greater London Council, as a means of offering a sense of history, achievement and continuity within the black community. Over the years, it has also evolved into a celebration of cultural diversity and has significantly contributed to promoting inclusion in the UK. Within Durham, a programme of BHM events and activities are organised by various staff and student groups each year, these are diverse in content and have included drumming workshops, alongside walking talks of the history of slavery within Durham.



Diwali • 04 November

Diwali or Divali (also known as Festival of Lights) is one of the major religious festivals in Hinduism, Jainism and Sikhism. It lasts for five days between mid-October and mid-November. The festival generally symbolises the victory of light over darkness. Observances vary depending on faith, such as lighting of oil lamps on the streets and in houses and people visiting their relatives and having feasts. Each year, the University's Oriental Museum hosts a very popular Diwali celebration, with music, food, a traditional prayer ceremony and more.



International Human Rights Day • 10 December

The International Human Rights Day is observed every year on 10 December which is the day the United Nations General Assembly adopted the Universal Declaration of Human Rights (UDHR) in 1948. The UDHR is a milestone document that proclaims the inalienable rights which each person is entitled to as a human being - regardless of race, colour, religion, sex, language, political or other opinion, national or social origin, property, birth or other status.